

Action Plan
Up-to-date Information

Dear University Community!

Please be informed that on the 9th of March 2020, the extraordinary Epidemic Strategy Committee for the Sars-CoV-2 disease of Eszterházy Károly University was established, composed of:

Dr. Bujdosó Zoltán – Head of Committee

Dr. Ilona Pajtókné Tari

Dr. Andrásné Tresó

Dr. Kálmán Váczy

Dr. Tibor Juhász

Dr. Hajnalka Csáfor

Dr. Eszter Kőfalusi

Erzsébet Kalóné Szűcs

Katalin Tayler

Ferenc Koczka

Barbara Zaja

In view of the fact that the new coronavirus has been confirmed in Hungary on the 4th of March 2020 the established committee has made the following proclamation:

There is still no person infected with the coronavirus among the students and staff of Eszterházy Károly University. Due to the epidemiological situation regarding the spread of the coronavirus, the procedure for university citizens is temporarily changed on all campuses of Eszterházy Károly University.

Symptoms and their explanation

You are at risk in the event of:

- if you have been in close contact with a patient infected with coronavirus within 21 days of the following symptoms, or
- or has been in an area within 21 days prior to the symptoms where the community spread of the coronavirus is suspected or confirmed.

If you develop sudden symptoms of acute respiratory infection (fever, sore throat, lethargy, cough, shortness of breath), you suspect a coronavirus infection

The areas affected by the epidemiological communications related to the suspected spread of infection are currently mainly China, Singapore, Japan, South Korea, Iran and Italy. In all cases, the areas in the infected area are understood to be valid and defined by the World Health Organisation (WHO). For more information on the spread of the outbreak, visit the following websites:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019> [1]

<https://www.nnk.gov.hu/index.php/lakossagi-tajekoztatok/koronavirus> [2]

<https://koronavirus.gov.hu>

If there are reasonable grounds for suspecting coronavirus infection, please stay at home and immediately call your GP (general practitioner) or primary care officer according to your location and follow the instructions of your doctor, who will take action.

If the student or staff member has been in an infected area for the last 21 days, please do not go into the community for three weeks, stay in your home and observe yourself! If, in the meantime, you notice private symptoms - fever, cough, sore throat, lethargy shortness of breath - you should also stay at home. You must then notify your GP or the relevant county public health authority by telephone:

- Heves County Department of Public Health
Dr. Szabolcs Pozsgai, 30/565-4576;
- Borsod-Abaúj-Zemplén Megyei KH Department of Public Health ,
Dr. Ágnes Asztalos, 30/931-3114;
- Jász-Nagykun-Szolnok Megyei KH Department of Public Health ,
Dr. Gabriella Beke, 30/248-1113 or
- Coronavirus toll-free phone number: 06-80-277-455 or 06-80-277-456

If you have acute respiratory symptoms but none of the above additional conditions apply to you, you have no suspicion of coronavirus infection. We advise you to stay at home, drink plenty of water, quench your fever and not go to the community until the symptoms are alleviated. If your complaints get worse, you develop difficulty breathing, call your GP (general practitioner) or one of the free-call green numbers of the National Centre for Public Health (06-80-277-455 or 06-80-277-456)

Hygiene Rules

The behaviour of the coronavirus is very similar to the flu, but there is still little experience. It spreads with a droplet infection and can usually cause complaints after a few days of incubation. The course of the disease and symptoms in the vast majority of cases are not severe. According to current information, it is most dangerous for the elderly and those who are already suffering from a serious chronic disease (e.g. organ transplants, immunosuppressors, chemotherapy). Unlike the flu, there is no vaccine or medicine yet for the new coronavirus. Nevertheless, we must behave fundamentally in the same way as in a flu epidemic that is currently taking place. This means simply complying with preventive, defensive rules:

- **Wash hands with warm water, soap thoroughly and more often.**
- **Apply hand sanitizer.**
- **Limit the forms of greetings (handshakes, kisses, etc.) that come with contact.**
- **Do not rub your eyes, do not touch your face.**
- **Use a tissue paper if you cough or sneeze. Apply cough hygiene rules. Dispose of the used handkerchief in the waste bin and then wash your hands**
- **Disinfect frequently used objects, surfaces (computer keyboard, door handles, etc.). Ventilate as often as possible.**
- **In case of increased viral sensitivity, use a protective mask and/or gloves**
- **As far as possible to avoid mass during and in your spare time.**

Please note that we provide the possibility of hand disinfection in the communal spaces and bathrooms of Eszterházy Károly University and will keep you informed of changes in the epidemiological situation. If you notice that the soap and hand towels required for washing your hands have run out from the washroom, inform the caretaker of the Operating Directorate responsible for the building in question immediately.

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Please be informed that we are in constant contact with all hospitals in the city affected by the university's campuses.

Information and Policy for Teachers and Staff members

We inform the university community that they will not be able to travel abroad or receive visitors on official missions for the next period of 30 days during the duration of the outbreak. We strongly recommend postponing private trips abroad for the next minimum of 30 days.

The previous order and authorisation of foreign missions during this period shall be revoked.

If your trip to or from the vulnerable areas is ongoing (China, Singapore, Hong Kong, Japan, South Korea, Iran, and Italy), we ask that you stay away from the university voluntarily for 21 days after your return to Hungary.

Those who are segregated in a healthcare system will receive sick pay for the quarantine period.

We record that absenteeism for the above reasons is considered by the University to be a certified absence on the basis of an electronically reported report. (No medical certificate, etc.) In the case of staff, the e-mail address of their manager at work and the address of the tavollet@uni-eszterhazy.hu are used for the reporting of staff.

A person who has been in a vulnerable area while on holiday must report it to the employer and, on the basis of his/her report, a driving licence for remote work, on a paid or on special request, unpaid leave for 21 days to stay at home and to refrain from visiting community places. If symptoms occur, please follow the above procedure.

We respectfully ask you not to travel outside Hungary in the coming weeks. If there is a trip abroad at your own risk, everyone is obliged to report it at the tavollet@uni-eszterhazy.hu address, but we ask all staff to consider the importance and duration of the trip, as the spread of the virus may result in border closures or temporary measures being taken from country to country. If a trip takes place, the Foreign Office asks anyone travelling to an area affected by the coronavirus outbreak to register for consular protection.

Please note that everyone is personally responsible for compliance with the above provisions, and failure to do so constitutes misconduct and endangering others. During the rector's break and during the new spring break, the mandatory task of the trainers and the support units for education is to create the conditions for distance learning. In this context, technical assistance and a detailed action plan will be developed.

Information and Policy for Students

In order to protect the students and staff of Eszterházy Károly University, the university's management will introduce provisions for the following students in agreement with the management of the University Student Council from the 10th of March 2020:

We mandate students who have been in

a) the community spread of the new coronal virus outbreak in the last 14 days (China, South Korea, Italy, Iran) or

(b) have been in direct contact with persons who have been in contact with China, You have been to South Korea, Italy or Iran in the two weeks preceding the meeting, and please complete and send the questionnaire to the specified email address. A dormitory resident who is concerned by points (a) and (b) shall immediately indicate to the head of the dormitory that he or she may be placed separately where necessary. The persons responsible per campus are:

- Eger Campus: Daniella Bodonyi
- Gyöngyös Károly Róbert Campus: Márk Lakatos
- Jászberény Campus: Enikő Martina Ambrús
- Sárospatak Comenius Campus: Máté Mokri

Please do not travel abroad during spring break or after the withdrawal of the measure.

We ask all our students to warn each other to comply with the above rules. We also ask that our students (especially those in dormitories) not receive guests or visitors until the measure is withdrawn.

A student who is placed in an official quarantine must report the results of the virus test.

According to the 2020/1 (III.11) rector's instructions, from the 23rd of March, the education in our institution will take the form of distance learning indefinitely. We have a separate measure on the technical part of this.

The rules of implementation of the six-year study obligations other than the general one are decided by the university management in accordance with the evolution of the epidemiological situation.

Events

All universities and students' events in 2020 shall be cancelled or postponed indefinitely from 12 March 2020. It is not recommended to hold it. University events originally planned to be held until April 30 shall be rescheduled and held later. A final decision shall still be made by the management of the University in compliance with government and health regulations. Events planned for the general public will be cancelled.

Contact Information

Dear University Community!

Your questions, comments and suggestions can be reported in writing at the jarvany@uni-eszterhazy.hu e-mail address. The above information and action plan relates to the current situation, which may be overridden by the Committee if necessary and adapted to the new situation. Therefore, we ask that you closely monitor our information letters, in which we provide you with information about your current actions.

Our university is doing everything it can to address the epidemiological situation properly. We remind university citizens of compliance with basic hygiene rules, including not to go into the community when sick. We also draw attention to the increased social sensitivity associated with the spread of the new coronavirus in a way that is worthy of a university citizen. We ask our students and staff to act responsibly to help them to improve the effectiveness of their defences.

The functioning of the university is operational and continuous, subject to all these rules, until the contrary measures!

Eger, the 11th of March 2020.

Epidemic Strategy Committee of Eszterházy
Károly University